

TRIPLE THREAT CURRICULUM PROGRAMS

EST. 2011

San Diego, CA

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PRODUCTIONS & STUDIOS

Levels of certification

Disclaimer: these distinctions of “regional” “off-broadway” or “Broadway” do not mean that you are ready or should expect to be cast in productions at that level. They are mere “fitting titles” showing distinction levels that are appropriate to our field of musical theatre performance.

EXPECTATIONS:

BRONZE / REGIONAL



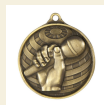
It is a lofty goal to reach full Bronze status within the Junior program. It is okay to start here in either the College Prep or Professional Program.

SILVER / OFF-BROADWAY



It is a lofty goal to reach full Silver status within the College Prep program. It would be rare to obtain within the Junior program. It is okay to start here in the Professional program.

GOLD / BROADWAY



It would be an extremely high achievement to reach full Gold status within the Professional program. Doing so would make you extremely competitive in any professional performing arts environment. It would be extremely rare to obtain this status within the College Prep program.

You can become certified in vocals, dance, or acting. If you become fully certified in all three, you receive the Triple Threat Award. This is a high honor of achievement. To receive a Gold/Broadway level of Triple Threat Award would be an extremely rare accomplishment for the best of the best.

Each curriculum program has a higher standard of achievement and excellence than the prior program.

The tracking sheets will clearly mark where you are at in your progress with each level. Your assigned coach will answer any questions you have about your progress and your tracking sheet results. Your coach will help define your individualized goals to meet the “next steps” you need to help you achieve certification at the next level.

Tracking sheet benchmarks: UNDERSTANDING → DISCOVERY & SUCCESS → CONSISTENCY

Professionalism: Headshot, Resume, Audition Book, Type, Dress, Product/Online Presence, Audition Techniques

Vocals: Breathing, Placement, Tension, Rhythm, Musicality, Tonality, Range, Diction, Projection, Connection/Performance, Posture

Acting: Voice, Movement, Vulnerability, Commitment, Moment Before, Pacing, Clarity, Storytelling, Realism, Honesty, Freshness, Improvisation, Listening, Energy

Dance: Coordination, Strength, Flexibility, Style, Performance, Technique (per genre), Sequencing, musicality, Rhythm

Ballet Technique: Point, Turnout, Spotting, port de bras, steps, resistance, turns, extension, jumps, leaps, Barre, petite allegro, adagio, partnering

Jazz Technique: isolations, steps, turn out, style, point, spotting, port de bras, resistance, turns, leaps

Modern Technique: c-curve, floor work, use of feet, core centered movement, use of neck, dynamics, opposition

Tap Technique: steps, relaxation, control, clean sounds, rhythm

BRONZE "REGIONAL" - (UNDERSTANDING)

1. Professionalism: Has a headshot & Resume & Audition Book. Understands how each needs to be improved. Understands their type. Has discussed and understands goals pertaining to dress, product & audition techniques. Has defined long term and short term goals.
2. Vocals: Understands Breathing and different vocal placements; recognizes their tension issues, is able to display good diction, posture, projection; Understands and recognizes tonality, musicality and rhythm, and has clear goals to improve weaknesses.
3. Acting: Understands the voice as a tool for character and storytelling. Understands how movement is an essential tool for character and communication and recognizes weaknesses and has set specific and individual goals for improvement. Understands the moment before. Recognition and goals set for proper pacing, and clarity. Developed understanding of true listening. Goals for energy, improvisation, freshness, honesty.
4. Dance: Has developed coordination necessary to make it through combinations and perform basic steps. Has recognized weaknesses in strength and flexibility and has set proper goals. Understands the importance of style and performance and has set proper goals. Has displayed a good sense of rhythm and musicality in movement. In each respective style, can perform the basic steps and has set goals on how to improve with genre specific technique.

SILVER "OFF-BROADWAY" - (DISCOVER & SUCCESS)

1. Professionalism: Has a decent headshot, and has a properly formatted resume. Has a clean and organized audition book, with a table of contents. Succeeds with dress. Has goals for online presence. Has (or can) exemplified proper audition technique.
2. Vocals: Has found all of the different placement and developing more success at staying in the intended placement. Has developed the kinesthetic awareness to send the resonance where intended. Has made significant strides at relieving tension. Uses proper breath support. Has a very pleasing tone in a various genres. Range has improved significantly. Displays great musicality and rhythm. Has a strong and supported sound. Consistently shows ability to connect well to the material in performance.
3. Acting: Uses the voice and movement to build three dimensional characters. Makes proper choices to have clear and

effective storytelling. Uses the moment before effectively. Goals are set for vulnerability and commitment. Has found proper pacing. Significant improvement in realism, honesty, freshness and listening. Energy and improvisation are strong and apparent.

4. Dance: Has significantly improved in strength and flexibility. Has developed a good sense of style needed for combinations and genres studied. Has developed strong performance skills in storytelling and character through the dance. Has mastered most steps and can execute them well within the combinations with control, looking/sounding clean, free of any awkward tension.

GOLD "BROADWAY" - (CONSISTENCY)

1. Professionalism: Has a professional quality resume with enough work to fill it. Has a professional quality headshot that is current and resembles what they look like now, at their best. Audition book, TOC is filled out with all the main categories with enough material to fill it. Material and auditions and language reflect an acceptance and keen awareness of type. Always looks sharp at auditions, and consistently displays great technique and confidence in the room. Has began and fulfilled appropriate online presence, with clear goals moving forward.
2. Vocals: Uses strong consistent breathing techniques to produce a powerful sound. Phenomenal placement that is consistently appropriate for the song and portion of song. 90% free of all tension, 100% of the time. Tension is not significantly affecting the sound, only extremely high range if anything. Very wide range. Always has well connected character with a moving/inspiring performance.
3. Acting: Always displays strong commitment to choice and character, resulting in a real sense of vulnerability in performance. Actor is in the moment and has sensation of the first time, every time. Acting is honest and believable, and inspiring.
4. Dance: Can perform the most challenging of steps with success. Is consistent in strong performance and matching the appropriate style. Strong and Flexible. A beautiful sense of musicality displayed. Succeeded in working from the core through the entire body extending energy and lines beyond the body. Beautiful port de bras, strong use of resistance. Strong, and beautiful extension, leaps, jumps, footwork. Consistent application of turnout and working through the feet with developed point.