

TRIPLE THREAT - PROGRESS TRACKING SHEET

	UNDERSTANDING & IMPLEMENTATION	BRONZE "Regional"	SUCCESS	SILVER "Off-Broadway"	CONSISTENCY & MASTERY	GOLD "Broadway"	Goals
PROFESSIONALISM							
Headshot	Has one 1 2 3	<input type="checkbox"/>	Decent Quality 1 2 3	<input type="checkbox"/>	Professional Quality - Current 1 2 3	<input type="checkbox"/>	
Resume	Has one 1 2 3	<input type="checkbox"/>	Properly Formatted 1 2 3	<input type="checkbox"/>	Professional Quality with work to fill it 1 2 3	<input type="checkbox"/>	
Audition Book	Has one 1 2 3 4 5	<input type="checkbox"/>	Clean & Organized with TOC 1 2 3 4 5	<input type="checkbox"/>	TOC complete - enough material to fill it 1 2 3 4 5	<input type="checkbox"/>	
Type	Understands 1 2 3	<input type="checkbox"/>	Success 1 2 3	<input type="checkbox"/>	Material, auditions, & language reflect keen awareness & acceptance 1 2 3	<input type="checkbox"/>	
Dress	Discussed & Understands 1 2 3	<input type="checkbox"/>	Succeeds 1 2 3	<input type="checkbox"/>	Always looks sharp & appropriate at auditions 1 2 3	<input type="checkbox"/>	
Online Presence	Discussed & Understands 1 2 3	<input type="checkbox"/>	Goals 1 2 3	<input type="checkbox"/>	Began & fulfilled appropriate online presence with clear goals moving forward 1 2 3	<input type="checkbox"/>	
Audition Techniques	Discussed & Understands 1 2 3 4 5	<input type="checkbox"/>	Has or Can exemplify proper technique 1 2 3 4 5	<input type="checkbox"/>	Consistently displays great technique & confidence in the room 1 2 3 4 5	<input type="checkbox"/>	
VOCALS							
Breathing	Understands 1 2 3 4 5	<input type="checkbox"/>	Uses breath properly 1 2 3 4 5	<input type="checkbox"/>	Strong consistent breathing 1 2 3 4 5	<input type="checkbox"/>	
Placement	Understands 1 2 3 4 5	<input type="checkbox"/>	Found all placements & succeeds in staying in intended placement 1 2 3 4 5	<input type="checkbox"/>	Phenomenal placement, consistently appropriate 1 2 3 4 5	<input type="checkbox"/>	
Tension	Recognizes tension issues 1 2 3 4 5	<input type="checkbox"/>	Significant success relieving tension 1 2 3 4 5	<input type="checkbox"/>	90%+ free of tension, 100% of the time. Tension not significantly affecting the sound. 1 2 3 4 5	<input type="checkbox"/>	
Rhythm	Understands, Recognizes where they are and has clear goals to move forward 1 2 3	<input type="checkbox"/>	Great Rhythm 1 2 3	<input type="checkbox"/>	Always right in pocket 1 2 3	<input type="checkbox"/>	
Musicality	Understands, Recognizes where they are and has clear goals to move forward 1 2 3	<input type="checkbox"/>	Great musicality 1 2 3	<input type="checkbox"/>	Solid, consistent musicality 1 2 3	<input type="checkbox"/>	
Tonality	Understands, Recognizes where they are and has clear goals to move forward 1 2 3 4 5	<input type="checkbox"/>	Pleasing tone in various genres 1 2 3 4 5	<input type="checkbox"/>	Beautiful consistent tone 1 2 3 4 5	<input type="checkbox"/>	
Range	Has goals 1 2 3	<input type="checkbox"/>	Range improved significantly 1 2 3 4 5	<input type="checkbox"/>	Very wide range. 1 2 3 4 5	<input type="checkbox"/>	
Diction	Succeeds 1 2 3	<input type="checkbox"/>	Succeeds 1 2 3	<input type="checkbox"/>	Succeeds 1 2 3	<input type="checkbox"/>	
Projection	Succeeds well 1 2 3	<input type="checkbox"/>	Strong, supported sound 1 2 3	<input type="checkbox"/>	Powerful sound 1 2 3	<input type="checkbox"/>	
Connection/Performance	Has goals 1 2 3	<input type="checkbox"/>	Shows ability to connect well 1 2 3 4 5	<input type="checkbox"/>	Always well connected, moving and inspiring 1 2 3 4 5	<input type="checkbox"/>	
Posture	Succeeds 1 2 3	<input type="checkbox"/>	Succeeds 1 2 3	<input type="checkbox"/>	Succeeds 1 2 3	<input type="checkbox"/>	
ACTING							
Voice	Understands 1 2 3	<input type="checkbox"/>	Uses voice to build 3 dimensional characters 1 2 3 4 5	<input type="checkbox"/>	Uses voice to build 3 dimensional characters 1 2 3 4 5	<input type="checkbox"/>	
Movement	Understands and recognizes weaknesses with specific goals 1 2 3 4 5	<input type="checkbox"/>	Uses movement to build 3 dimensional characters 1 2 3 4 5	<input type="checkbox"/>	Uses movement to build 3 dimensional characters 1 2 3 4 5	<input type="checkbox"/>	
Vulnerability	Understands 1 2 3	<input type="checkbox"/>	Goals set 1 2 3	<input type="checkbox"/>	Real success 1 2 3	<input type="checkbox"/>	

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Commitment	Understands 1 2 3	<input type="checkbox"/>	Goals set 1 2 3 4 5	<input type="checkbox"/>	Always strong 1 2 3 4 5	<input type="checkbox"/>	
Moment Before	Understands 1 2 3	<input type="checkbox"/>	Succeeds effectively 1 2 3 4 5	<input type="checkbox"/>	Succeeds effectively 1 2 3 4 5	<input type="checkbox"/>	
Pacing	Understands and recognizes weaknesses with specific goals 1 2 3 4 5	<input type="checkbox"/>	Has found proper pacing 1 2 3 4 5	<input type="checkbox"/>	Has found proper pacing 1 2 3 4 5	<input type="checkbox"/>	
Clarity	Understands and recognizes weaknesses with specific goals 1 2 3 4 5	<input type="checkbox"/>	Makes proper choices 1 2 3 4 5	<input type="checkbox"/>	Makes proper choices 1 2 3 4 5	<input type="checkbox"/>	
Storytelling	Understands 1 2 3	<input type="checkbox"/>	Clear and engaging 1 2 3 4 5	<input type="checkbox"/>	Inspiring 1 2 3 4 5	<input type="checkbox"/>	
Realism	Understands 1 2 3	<input type="checkbox"/>	Significant improvement 1 2 3 4 5	<input type="checkbox"/>	In the moment 1 2 3 4 5	<input type="checkbox"/>	
Honesty	Goals set 1 2 3 4 5	<input type="checkbox"/>	Significant improvement 1 2 3 4 5	<input type="checkbox"/>	Succeeds and believable 1 2 3 4 5	<input type="checkbox"/>	
Freshness	Goals set 1 2 3 4 5	<input type="checkbox"/>	Significant improvement 1 2 3 4 5	<input type="checkbox"/>	Sense of the first time, every time 1 2 3 4 5	<input type="checkbox"/>	
Improvisation	Goals set 1 2 3 4 5	<input type="checkbox"/>	Strong and apparent 1 2 3 4 5	<input type="checkbox"/>	Strong and apparent 1 2 3 4 5	<input type="checkbox"/>	
Listening	Understands 1 2 3 4 5	<input type="checkbox"/>	Significant improvement 1 2 3 4 5	<input type="checkbox"/>	Significant improvement 1 2 3 4 5	<input type="checkbox"/>	
Energy	Goals set 1 2 3	<input type="checkbox"/>	Strong and apparent 1 2 3	<input type="checkbox"/>	Strong and apparent 1 2 3	<input type="checkbox"/>	
DANCE							
Coordination	Developed to make it through combinations & perform basic steps 1 2 3 4 5	<input type="checkbox"/>	Can execute movement in combinations with control 1 2 3 4 5	<input type="checkbox"/>	Succeeds at the most challenging 1 2 3 4 5	<input type="checkbox"/>	
Strength	Recognizes weaknesses & has set proper goals 1 2 3 4 5	<input type="checkbox"/>	Significant improvement 1 2 3 4 5	<input type="checkbox"/>	Very strong 1 2 3 4 5	<input type="checkbox"/>	
Flexibility	Recognizes weaknesses & has set proper goals 1 2 3 4 5	<input type="checkbox"/>	Significant improvement 1 2 3 4 5	<input type="checkbox"/>	Very flexible 1 2 3 4 5	<input type="checkbox"/>	
Style	Understands importance & set goals 1 2 3 4 5	<input type="checkbox"/>	Developed good sense of style in movement 1 2 3 4 5	<input type="checkbox"/>	Constantly matches appropriate style 1 2 3 4 5	<input type="checkbox"/>	
Performance	Understands importance & set goals 1 2 3 4 5	<input type="checkbox"/>	Strong performance - storytelling & character 1 2 3 4 5	<input type="checkbox"/>	Consistently strong 1 2 3 4 5	<input type="checkbox"/>	
Technique (per genre)	Understands 1 2 3 4 5	<input type="checkbox"/>	Succeeds 1 2 3 4 5	<input type="checkbox"/>	Consistent 1 2 3 4 5	<input type="checkbox"/>	
Sequencing	Succeeds 1 2 3 4 5	<input type="checkbox"/>	Succeeds 1 2 3 4 5	<input type="checkbox"/>	Succeeds consistently & learns quickly 1 2 3 4 5	<input type="checkbox"/>	
Musicality	Apparent 1 2 3	<input type="checkbox"/>	Obvious 1 2 3	<input type="checkbox"/>	Beautiful sense of musicality 1 2 3	<input type="checkbox"/>	
Rhythm	Apparent 1 2 3	<input type="checkbox"/>	Obvious 1 2 3	<input type="checkbox"/>	Phenomenal 1 2 3	<input type="checkbox"/>	
Steps	Succeeds with basics 1 2 3 4 5	<input type="checkbox"/>	Mastered most steps 1 2 3 4 5	<input type="checkbox"/>	Mastery at advanced steps 1 2 3 4 5	<input type="checkbox"/>	
Port de Bras	Performs basics with goals set 1 2 3 4 5	<input type="checkbox"/>	Performs well with control & goals set 1 2 3 4 5	<input type="checkbox"/>	Succeeds beautifully 1 2 3 4 5	<input type="checkbox"/>	
Point	Performs basics with goals set 1 2 3 4 5	<input type="checkbox"/>	Performs well with control & goals set 1 2 3 4 5	<input type="checkbox"/>	Fully developed 1 2 3 4 5	<input type="checkbox"/>	
Turnout	Performs basics with goals set 1 2 3 4 5	<input type="checkbox"/>	Performs well with control & goals set 1 2 3 4 5	<input type="checkbox"/>	Consistent application 1 2 3 4 5	<input type="checkbox"/>	
Spotting	Performs basics with goals set 1 2 3 4 5	<input type="checkbox"/>	Performs well with control & goals set 1 2 3 4 5	<input type="checkbox"/>	Strong application 1 2 3 4 5	<input type="checkbox"/>	
Resistance	Performs basics with goals set 1 2 3 4 5	<input type="checkbox"/>	Performs well with control & goals set 1 2 3 4 5	<input type="checkbox"/>	Strong use of resistance 1 2 3 4 5	<input type="checkbox"/>	
Turns	Performs basics with goals set 1 2 3 4 5	<input type="checkbox"/>	Performs well with control & goals set 1 2 3 4 5	<input type="checkbox"/>	Succeeds beautifully 1 2 3 4 5	<input type="checkbox"/>	
Extension	Performs basics with goals set 1 2 3 4 5	<input type="checkbox"/>	Performs well with control & goals set 1 2 3 4 5	<input type="checkbox"/>	Strong & beautiful 1 2 3 4 5	<input type="checkbox"/>	

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Jumps	Performs basics with goals set 1 2 3 4 5	<input type="checkbox"/>	Performs well with control & goals set 1 2 3 4 5	<input type="checkbox"/>	Strong & beautiful 1 2 3 4 5	<input type="checkbox"/>	
Leaps	Performs basics with goals set 1 2 3 4 5	<input type="checkbox"/>	Performs well with control & goals set 1 2 3 4 5	<input type="checkbox"/>	Strong & beautiful 1 2 3 4 5	<input type="checkbox"/>	
Partnering	Performs basics with goals set 1 2 3 4 5	<input type="checkbox"/>	Performs well with control & goals set 1 2 3 4 5	<input type="checkbox"/>	Leads/follows, gives, supports, succeeds 1 2 3 4 5	<input type="checkbox"/>	
Footwork	Performs basics with goals set 1 2 3 4 5	<input type="checkbox"/>	Performs well with control & goals set 1 2 3 4 5	<input type="checkbox"/>	Strong & beautiful 1 2 3 4 5	<input type="checkbox"/>	
Isolations	Performs basics with goals set 1 2 3 4 5	<input type="checkbox"/>	Performs well with control & goals set 1 2 3 4 5	<input type="checkbox"/>	Strong application 1 2 3 4 5	<input type="checkbox"/>	
Floor Work	Performs basics with goals set 1 2 3 4 5	<input type="checkbox"/>	Performs well with control & goals set 1 2 3 4 5	<input type="checkbox"/>	Consistent application 1 2 3 4 5	<input type="checkbox"/>	
Core	Performs basics with goals set 1 2 3 4 5	<input type="checkbox"/>	Performs well with control & goals set 1 2 3 4 5	<input type="checkbox"/>	Succeeds through the entire body 1 2 3 4 5	<input type="checkbox"/>	
Dynamics/Opposition	Performs basics with goals set 1 2 3 4 5	<input type="checkbox"/>	Performs well with control & goals set 1 2 3 4 5	<input type="checkbox"/>	Dramatic & inspiring 1 2 3 4 5	<input type="checkbox"/>	
Energy	Apparent 1 2 3	<input type="checkbox"/>	Obvious 1 2 3	<input type="checkbox"/>	Strong, extending lines beyond the body 1 2 3	<input type="checkbox"/>	
Control/Relaxation	Performs basics with goals set 1 2 3 4 5	<input type="checkbox"/>	Free of awkward tension 1 2 3 4 5	<input type="checkbox"/>	Dramatic & inspiring 1 2 3 4 5	<input type="checkbox"/>	
Clean Sounds (tap)	Performs basics with goals set 1 2 3 4 5	<input type="checkbox"/>	Sounding clean 1 2 3 4 5	<input type="checkbox"/>	Perfect/flawless sounds & Consistent 1 2 3 4 5	<input type="checkbox"/>	